

## Advanced Seminars

CHAMPS Advantage Professionals is an organization promoting the highest level of complementary therapy to elite athletes and active clients. This is the first organization to coordinate continuing education training and a referral network with a focus on Athletic Trainers, Chiropractors, and Massage Therapists. All CHAMPS Advantage Professionals are trained in **Phasing with Active Isolated Release™** methodology for treating chronic soft-tissue pain and injuries.



**REGISTRATION:** Call 952-447-3636  
or visit [www.CHAMPSadvantage.com](http://www.CHAMPSadvantage.com)

**Cost of 72 hour Seminar: \$1995 in MN**

**Plus outstate travel costs and Anatomy Flashcards**

Please wear gym clothes. Enrollment is limited.

Participants will both give and receive treatments.



## Advanced Seminars

# Advanced Anatomy



This 72 hour seminar empowers and employs an advanced “hands-on” pain and soft-tissue release methodology called **Phasing with Active Isolated Release™**. Participants learn key bony landmarks, muscles, tendons and ligaments. Treatments including:

- Tension Headache Treatments
- Neck / Shoulder Pain Treatments
- Arm / Wrist / Hand Pain Treatments
- Low Back Pain Treatments
- Leg / Foot / Ankle Pain Treatments

Location: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

# Rick Johnson



## Authored/Published Articles and Textbooks:

- Anatomy Flashcards for Healing Massage Techniques, PEARSON / Prentice Hall
- Healing Arts Protocol, MASSAGE Magazine
- Prevention and Care of Wrestling Injuries, Guillotine Magazine
- Healing Arts Handbook, Healing Arts Center

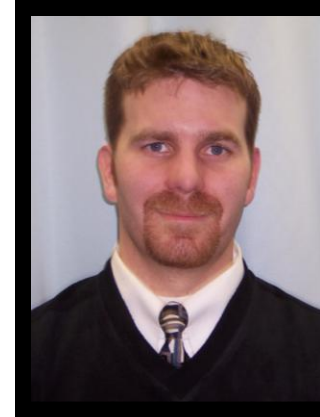
MBA, CAMT, NCTMB  
USA Olympic and Paralympic volunteer therapist, researcher, author & instructor

## Recent Reviews:

- New Product of the Week, MASSAGE Magazine
- Flashcards help athletes recover from injury, Prior Lake American Newspaper
- Local man creates Flashcards for Therapists, South of the River Newspaper
- Road to China feature on NBC affiliate KARE 11 News and WCCO Radio



# Jon Thompson



## Work Experience:

- 12 years working in Nutrition Education and Consulting
- Certified Bio-feedback Technician (CBT)
- Certified Massage Therapist (CMT)
- Specialist in athletics and sport injury recovery

## Advanced anatomy

Why are you interested?

- spatial learning  
learn up to 8 times faster with higher retention
- anatomy flashcards  
by PEARSON/Prentice Hall  
featuring inlay/overlay artwork
- great value - no prerequisites  
practical applications that are useful immediately
- hands-on training  
participants both give and receive treatments

Seminar participants will learn the key bone landmarks, muscles, tendons and ligaments. Kinetic (hands on) treatments will demonstrate advanced soft-tissue techniques like Bilateral Palpation and Phasing, Healing Arts Protocol, associated yoga stretches and CHAMPS Advantage™ (Care, Healing and Athletic Maximization Program for Sports).

Addresses the following healthcare industries:

chiropractic	Ongoing Measurable Results
physical therapy	Client/Family Education
massage therapy	Area Specific Treatments
personal training	Improved Posture and Balance
athletic training	Accelerated Injury Recovery
all methods	Increased Referral Business

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